

F.I.T. WORTH FITNESS



Membership Features:

- Unlimited Access during gym hours
- No contracts or EFTs
- No upfront or registration fees
- Access to personal training and cardio boxing

Payment Options

- Free Day Pass
- 3 months for \$105
- 6 months for \$205
- 12 months for \$400

Hours of Operation:

Monday– Thursday (6:00 A.M. to 8:00 P.M.)
Friday (6:00 A.M. to 7:00 P.M.)
Saturday (8:00 A.M. to 5:30 P.M.)
Sunday Closed

Personal Training available by appointment

We do accept MC/VISA (add \$6 for processing)

_____ Initial: If you are taking medications check with your doctor prior to working out.

_____ Initial: Injured or seeing a doctor for a current condition, please consult your doctor prior to working out.

Signature _____

Date: _____

The gym staff will assist you in the use of machines and equipment. Feel free to inquire at the front desk. Good form is important and will prevent injuries. Thank-you.

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